



Forms can be submitted to:
macpark5k@yahoo.com
MacArthur Park 5K
P.O. Box 1937
Little Rock, AR 72203

MacArthur Park 5K Volunteer Registration Form 2012

Name _____ Age (on 5/4/2012) ____ Sex ____

Email _____

Address _____

Home Phone _____

Work Phone _____

Cell Phone _____

T-shirt Size (circle one):

Adult S Adult M Adult L Adult XL Adult XXL

Shift 1 - Pre-race

Duties:

Check-in 5:00-6:50 p.m.

Check in registered racers from list. Give appropriate wristband, race number and direct to T-shirt table.

Registration 5:00-6:50 p.m.

Register new racers. Extra table will be set up for forms to be filled out. Give race number to runner and write number on the upper right side of the form. Give wristbands according to age on form. Place completed forms on edge of table for Registration Runners to pick up and take to Finish Line. Direct to T-shirt table.

T-shirts 5:00-6:50 p.m.

Hand out t-shirts according to size on sheet.

Registration Runners 5:15-7:00 p.m.

Pick up new registration forms from registration table and take to Finish Line.

Shift 2 - Race and Post-race

Duties:

Finish Line 6:15-7:30 p.m.

Meet to discuss duties and receive items for use at Finish Line. Immediately after race begins, move chute & signs into place once all racers have passed through the area. Cheer racers as they approach.

Split Timers 6:50-7:30 p.m.

Located at the 2 mile marker. Call out times as racers pass. Using a stopwatch, begin timing at 7:00 p.m. Call to be placed immediately before race begins.

Water Stop 6:30-7:30 p.m.

Located on Sherman St. between President Clinton Ave. & 2nd St. Set up water stop area, hand water to racers and cheer them on. Clean up.

Food & Beverage 6:30-9:00 p.m.

Set up and manage area.

Beer 6:50-9:30 p.m.

Serve beer and manage area. Check for appropriate wristband.

Wristband Purchase 6:45-8:30 p.m.

Check ID's and sell wristbands.

Preferred shift &/or duty _____

An e-mail will be sent in April with further instructions.